# Gluten Free Lunch Menu 

Starters

Soup of the Day, Gluten Free Bread $£ 7$<br>Prawns Cocktail, Avocado and Marie Rose sauce $£ 9.5$<br>Smoked Mackerel, Green Onion Potato Salad, Sauce Vierge $£ 9.5$<br>Moroccan Lentil \& Carrot Salad, Humus $£ 8.5$

Beef Burger, Bacon, Cheese, Pickle, Tomato Relish, Slaw, Sauteed Potatoes, Gluten Free Bun £ 16

8oz Gammon steak Egg and Sauteed Potatoes £15 Sausage and Mash, Caramelized Red Onion, Greens, Gravy $£ 15$

All sandwiches are available Gluten Free £8.50

Desserts
Rhubarb Panna Cotta $£ 8.5$
Eton Mess $£ 8.5$

## New Forest Ice-Cream or Sorbet

1 scoop $2.25 \quad 3$ scoops 6
Vanilla, Chocolate, strawberry, Mint Choc Chip, Salted Caramel, Rum and Raisin, Honeycomb
Sorbets
Mango, Lemon, Raspberry, Blackcurrant

