

Gluten Free Dinner Menu

Starters

Soup of the Day, Gluten Free Bread £7

Prawns Cocktail, Avocado and Marie Rose sauce £9.5

Smoked Mackerel, Green Onion Potato Salad, Sauce Vierge £9.5

Moroccan Lentil & Carrot Salad, Humus £8.5

Mains

Cajun Spiced Salmon, Roasted New Potatoes, Mango salsa, Mixed salad £19

Crispy Pork Belly, Mediterranean Grilled Vegetables and Cider Jus £18.50

Wild Mushroom, Peppers Stuffed Courgette with Buckwheat Tabbouleh £16

12oz Sirloin, Tomato, Mushroom, Mixed Salad, Peppercorn sauce £29

Beef Burger £16

Desserts

Rhubarb Panna Cotta £8.5

Eton Mess £8.5

New Forest Ice-Cream or Sorbet

1 scoop 2.25 3 scoops 6

Vanilla, Chocolate, strawberry, Mint Choc Chip, Salted Caramel, Rum and Raisin, Honeycomb

Sorbets

Mango, Lemon, Raspberry, Blackcurrant